

## Morning

### 10AM – 11AM

Croissant | Pain au chocolat £2.95

Raisin laminated brioche £3.95

**Great selection of Jing Tea's** £2.75

English Breakfast

Earl Grey

Peppermint

Chamomile

Lemongrass & Ginger

Blackcurrant & Hibiscus

Jade Tips Sword Green

**Speciality coffee by Olfactory Coffee Roasters** £2.95

Americano

Latte

Cappuccino

Flat White

Mocha

Decaf coffee

Espresso single/double

Macchiato

Zuma hot chocolate

£1.90/£2.40

£1.90

£2.50

## Appetisers

**Marinated Olives** £3.50

**Smoked Almonds** £4.50

**Fresh Cornish Bread Selection & Seaweed Butter** £4.00

**Dorset Rock Oyster, shallot and red wine vinegar** £3.00

**Duchy Charcuterie, sea salt and rosemary focaccia (serves 2)** £11.50

## Starters

**Garden Pea, Mint and Mozzarella Risotto (v)** £9.95  
*make it a main course* £15.95

**Cornish Goats Cheese Mousse** £10.50  
heritage tomatoes, pine nuts and basil pesto

**Chicken and Truffle Terrine** £10.95  
truffle mayonnaise, green beans and shallot salad

**Thai Crab Cake** £10.95  
red pepper and coconut sauce, coriander and rocket

**Sea Bream Ceviche** £10.50  
avocado, pink grapefruit, citrus vinaigrette, coriander

**Hand Dived Scallop & Dorset Rock Oysters** £15.00  
seaweed butter, herb crumb and lemon

**The Cove Smoked Salmon** £11.95  
pickled cucumber, dill crème fraiche, sourdough

**Classic Chicken and Bacon Caesar Salad** £14.50  
Parmesan, anchovy, poached egg, croutons

**Vegetarian option available (v)** £10.50

## Mains

**Fish and Chips** £15.00  
Cornish haddock, Sharp's Atlantic ale beer batter, minted peas, tartare sauce

**Roast Cornish Cod** £21.50  
lemon puree, sobrasada, sea herbs and crab

**Pan Fried Curried Monkfish** £24.50  
mussels, saffron, grain mustard and cream tarragon sauce

**Half of Whole Lobster Thermidor** POA  
(subject to availability)

**The Cove Beef Burger - served with fries** £15.00  
Philip Warrens quarter pounder, red onion, tomato, lettuce, potato bun, Cove burger sauce

*Extra toppings*  
egg | cheese | smoked bacon | guacamole £1.50

**Veggie Burger - served with fries** £10.95  
Portobello mushroom, goats cheese, chargrilled red peppers, red onion, potato bun, Cove burger sauce (v)

**Honey Roasted Cornish Duck Breast** £21.00  
summer cabbage, Girolles, roast garlic and a five spice sauce

**Fillet of Darts Farm Beef Char-Grilled** £35.00  
horseradish & shallot confit, spinach, King Oyster mushroom and red wine sauce

**From The Grill**  
served with Portobello mushroom and a choice of; fries | minted new potatoes | potato purée

**Phillip Warrens Butcher**  
Chicken Supreme 8oz 226g £16.50  
Sirloin steak 8oz 226g £23.75  
Ribeye steak 10oz 283g £26.50

**Darts Farm Butcher**  
Beef fillet 6oz 170g £32.00

**Sauces** £3.00  
Béarnaise | Mushroom | Green Peppercorn

## Sides

Coleslaw £3.50

Skinny fries £4.00

Potato purée £4.00

Cornish minted new potatoes £4.50

Mac & Cheese £4.50

Tender sprouting broccoli, hazelnut butter £4.50

Green beans & snow beans £4.50

Salad of Iceberg lettuce & mange tout with Helford blue cheese dressing £4.75

Mixed leaf, tomato and red onion salad £4.75

## Signature

### 5.30PM-8.30PM

#### MICHAEL'S TASTING MENU

*Menu to be taken by all guests at table*

**Scallop Ceviche**  
avocado, pink grapefruit, citrus vinaigrette, and coriander

**Chicken and Truffle Terrine**  
truffle mayonnaise, green beans and shallot salad

**Roast Cornish Cod**  
lemon puree, sobrasada, sea herbs and crab

**Fillet of Darts Farm Beef Char-Grilled**  
horseradish & shallot confit, spinach, King Oyster mushroom and red wine sauce

#### Selection of Cheeses

**Pistachio Soufflé** pistachio custard  
and pistachio ice cream

**Matching wine flight** £80 per person  
£49 per person

## Desserts

**Banana and Lime Parfait** £8.50  
milk chocolate, caramelised banana, peanut butter ice cream

**Chocolate and Cherry Mousse** £10.00  
yoghurt sorbet and macerated cherries

**Vanilla Set Cream** £8.50  
raspberry, elderflower and honeycomb

**Pistachio Soufflé** £9.50  
pistachio custard and pistachio ice cream

**Selection of cheeses** £10.00

## Cornish cream tea

3.30PM – 5PM  
**Cornish Cream Tea** £8.00  
fruit and plain scone, strawberry jam, Rodda's clotted cream and a choice of tea

**Cake** POA  
*please ask staff for our cake of the day choices available*

**For allergen information please enquire with your waiter. Some food and drink that we serve may contain nuts and other allergens and whereas we put in place measures to avoid cross contamination, we cannot guarantee that there will not be traces.**

**A discretionary service charge of 12.5% will be added to the bill.**